

UNSTOPPABLE WOMAN

Vision Board with a Purpose

Facilitated by Speaker/Life Coach Caryl Lucas



Who Should Attend?

Women Who Desire to Take Action
Women Who Want to Be Unstoppable!
Women Who Want to Manifest Their Dreams
Women Who Want to Live their Best Life

What You Will Receive

Motivation & Coaching on Your 2019 Vision
An Unstoppable Action Plan!
Clarity & A Purpose Makeover

Bring Your Favorite Magazine
Bring Your Vision
Bring Your Dreams



Caryl Lucas is a Motivational Speaker, Trainer and Life Coach committed to helping women reinvent their lives and careers. She is a former journalist turned professional development entrepreneur who runs Coach on Call and the Unstoppable Girls Foundation.

carylrlucas.com
unstoppablegirlsfoundation.org

DATE

**Saturday, February 23, 2019
10:00 am – 12:30 pm**

LOCATION

**The Community Services Building
11 Pine Street
Montclair NJ, 07042**

COST

FREE and open to the community

TO REGISTER

Send an e-mail with your name to:
sofiaworkshops@gmail.com

Register early. Seating is limited.

Light refreshments will be served.

This event is hosted by:

SOFIA Start Out Fresh™
Intervention Advocates

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